



Wealthy Place Food Ministries partnering with Angel Food Ministries

MARCH 2009 MENU

To place an order call (513) 591-0600 or email wealthyplace@dlanc-inc.org



Orders Deadline : March 16th
Distribution Date : March 21st

REGULAR BOX — \$38.00

Balanced nutrition and variety with enough food to feed a family of four for a week.

- 1.5 lb. Ribeye Steaks (4 x 6 oz.)
- 3 lb. Split Chicken Breast
- 1.5 lb. Country Fried Steak Patties (6 x 4 oz.)
- 1 lb. Package 80/20 Ground Beef
- 1 lb. Fully Cooked Meatballs
- 1 lb. Mild Italian Sausage
- 12 oz. Deli Sliced Ham
- 1 lb. California Blend Veggies
- 1 lb. Green Beans
- 20 oz. Shoestring Fries
- 1 lb. Pasta
- 28 oz. Marinara Sauce
- 21 oz. Condensed Soup (makes 5 servings)
- 1 lb. Pinto Beans
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

SENIOR/CONVENIENCE BOX — \$28.00

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals - just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

BBQ Pork Rib Patty with Sweet Potato Casserole and Green Peas

Red Beans & Rice with Smoked Sausage, Cabbage and Diced Carrots

Home-Style Meatloaf with Zesty Tomato Sauce, Diced Rutabagas and Lima Beans

Asian-Style Pork Fried Rice with Ginger Carrots and Cabbage

Peppered Beef Patty with Loaded Potato and Mixed Greens

Flame-Broiled Salisbury Steak with Brown Gravy
Sour Cream & Chive Potatoes and Mixed Vegetables

Chicken Sausage with Seasoned Baked Beans, Red Skin Whipped Potatoes and Peas & Carrots

Pot Roast and Gravy with Vegetables, Diced Potatoes and Green Peas

Chicken & Bean Burrito with Cheesy Sauce, Mexicorn and Applesauce

Char-Broiled Beef Meatballs with Rice & Gravy, Peas & Carrots and Lima Beans

10 2-pack, individually wrapped cookies

ALLERGEN-FREE BOX

All New!! — \$25.00

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Coated Chicken Tenders
- 1 lb. Coated Breast Filet
- 1 lb. Coated Chicken Nuggets
- 1 lb. Coated Chicken Wings
- 1 lb. Coated Cubed Steak
(Chicken Fried Steak)

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT)

Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250 -9410.

MARCH SPECIAL #1

- 7 lb. Assorted Meat Box - \$22.00
- 2 lb. New York Strip Steaks (4 x 8 oz.)
- 2 lb. Thick-Cut Pork Chops (4 x 8 oz.)
- 1.5 lb. Baby Back Ribs, 1.5 lb. Bratwurst with Cheese

MARCH SPECIAL #2

- 4.5 lb. Meat Combo - \$21.00
- 3 lb. Sirloin Strip Steaks (6 x 8 oz.)
- 1.5 lb. Bacon-Wrapped Chicken Filet (4 x 6 oz.)

MARCH SPECIAL #3

- Mom's Easter Sunday Dinner Box - \$22.00**
- 2 lb. Mom's Favorite Recipe Meatloaf (Pure Beef Seasoned with Vegetables)
- 2 lb. Choice Cut Beef Roast
- 2 lb. Boneless Pork Roast

One or more specials available only with the Purchase of any of the Boxes Above

MARCH SPECIAL #4

- Mom's Easter Sunday Dinner Side Box - \$19.00**
- 2 lb. Heat & Serve Corn
- 2 lb. Heat & Serve Green Beans
- 2 lb. Heat & Serve Mashed Potatoes
- 1 Brown Gravy Mix
- 17 oz. Cornbread Stuffing
- 8 ct. Dinner Roll

MARCH SPECIAL #5

- Chicken Tender's Box - \$18.00**
- 10 lb. Breaded Chicken Tenders

MARCH SPECIAL #6

Fresh Fruit and Veggie Box - \$22.00

- 3 lb. No. 1 Premium Idaho Baking Potatoes
- 3 lb. No. 1 Premium North Carolina Sweet Potatoes
- 1 head Premium Florida Green Cabbage
- 1 lb. Premium California Carrots (cello-packed)
- 2 lb. Premium Western Grown Yellow Onions
- 2 pack Premium Fresh Jumbo Garlic (2 pack tube)
- 1 Large Premium Sweet Cantaloupe
- 3 lb. Premium Tree-ripened Valencia Oranges
- 4 each Premium Tree-ripened Honey Tangerines
- 4 Large Premium Washington State Granny Smith Apples
- 3 lb. Large Premium Washington State Fuji Apples
- 1 each Premium Tree-ripened Mango